

Dining Facility Meal Hours, MON-FRI

Breakfast: 6–9 a.m., Grab-n-Go: 0900-1100

Lunch: 11 a.m.–2 p.m., Grab-n-Go: 1400-1600; Dinner: 4–6 p.m.

Weekends and Federal / Training Holidays

Breakfast: 8–9:30 a.m., Grab-n-Go: 9:30-11 a.m.

Lunch: 11 a.m.–2 p.m., Grab-n-Go: 2-4 p.m. Dinner: 4–5:30 p.m.

**WEEK II MENU
NUTRITION CARE DIVISION
IRWIN ARMY COMMUNITY HOSPITAL**

DATE	SUN, 25 FEB 2024	MON, 26 FEB 2024	TUE, 27 FEB 2024	WED, 28 FEB 2024	THU, 29 FEB 2024	FRI, 1 MAR 2024	SAT, 2 MAR 2024
BREAKFAST	French Toast Eggs to Order Biscuits	Oatmeal French Toast Bagel Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Grits Pancakes English Muffin Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Oatmeal French Toast Bagel Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Grits Pancakes Breakfast Burritos Omelet Bar Scrambled Eggs Biscuits, Gravy	Oatmeal French Toast Bagel Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Pancakes Eggs to Order Biscuits
BREAKFAST DAILY: Pork bacon, chicken link, hash browns, assorted cold cereals, individual yogurt parfaits, fresh fruits, bread, and bagels							
LUNCH	Cuban Pork Citrus Rice Bermuda Vegetables Roasted Potatoes Hot White Rolls	Pork Chops Lemon Butter Chicken Mashed Potatoes Risotto Carrots Snap Peas	Taco Salad Bar Ground Beef or Chicken Cilantro Lime Rice Black Beans Fiesta Corn Queso Cold Salad Toppings	Pork Schnitzel Crispy Roast Chicken Hot Potato Salad Mashed Potatoes Braised Cabbage w/Apples Roasted Dill Carrots Apple Crisp Gravy	Mediterranean Bar Gyro Meat, Pita Bread, Hummus, Feta, Red Onion, Tomato, Cucumber, Shredded Lettuce, Kalamata Olives, Tzatziki Sauce Seasoned Rice Tomato Cucumber Dill Salad	Beef and Broccoli Orange Chicken White Rice Fried Rice Snap Peas	Grilled Pork Chops Penne Pasta Chicken Gravy Green Beans Garlic Bread
SOUP		Beef Chili	Buffalo Chicken	Broccoli Cheddar	Lentil Soup	Garden Vegetable	
PIZZA		Hawaiian	Chicken Alfredo	Vegetable	BBQ Chicken	Meat Lovers	
PASTA		Yakisoba	Spaghetti with Meatballs and Marinara Sauce	Rotini with Spicy Garlic Sauce	Chicken Alfredo	Mac n' Cheese with Broccoli	
Grill and Deli Bar Available Monday-Friday GRILL MADE TO ORDER: Hamburger, cheeseburger, black bean burger, grilled cheese/ham and cheese, crispy chicken sandwich, crispy fish sandwich GRILL GRAB AND GO: French fries, chicken fingers, grilled chicken sandwich, hamburger, cheeseburger DELI BAR: Ham, turkey, roast beef, bacon, tuna salad, chicken salad, cheese (cheddar, provolone, Swiss, pepper jack), various toppings; on sliced bread, tortilla, or croissant LUNCH OFFERED DAILY: Assorted breads/spreads, fresh fruits, beverages, and assorted desserts							
DINNER	Teriyaki Chicken White Rice Asian Blend Vegetables Hot Roll	Boneless Chicken Wings Potato Wedges Carrots and Celery	Crispy Baked Chicken Green Beans Mashed Potatoes Gravy	Chili Mac Vegetable Blend Baby Carrots Hot Rolls	Honey Butter Garlic Chicken Penne Pasta Broccoli Hot Rolls	Grilled Steak Baked Potato Brussel Sprouts Garlic Bread	Chicken Cordon Bleu Mashed Potatoes Cream Gravy Broccoli Hot Wheat Rolls
NO DINNER SHORT ORDER/DELI AVAILABLE DINNER OFFERERD DAILY: Individual Grab & Go Salads, assorted breads/spreads, fresh fruits, beverages, and assorted desserts							

Menu Subject to Change without Notice