

Dining Facility Meal Hours, MON-FRI

Breakfast: 6–9 a.m., Grab-n-Go: 0900-1100

Lunch: 11 a.m.–2 p.m., Grab-n-Go: 1400-1600; Dinner: 4–6 p.m.

Weekends and Federal / Training Holidays

Breakfast: 8–9:30 a.m., Grab-n-Go: 9:30-11 a.m.

Lunch: 11 a.m.–2 p.m., Grab-n-Go: 2-4 p.m. Dinner: 4–5:30 p.m.

WEEK 1 MENU
NUTRITION CARE DIVISION
IRWIN ARMY COMMUNITY HOSPITAL

DATE	26 NOV 2023	27 NOV 2023	28 NOV 2023	29 NOV 2023	30 NOV 2023	01 DEC 2023	02 DEC 2023
BREAKFAST	French Toast Eggs to Order Biscuits	Oatmeal French Toast Biscuit Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Grits Pancakes English Muffin Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Oatmeal French Toast Bagel Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Grits Pancakes Breakfast Burritos Omelet Bar Scrambled Eggs Biscuits, Gravy	Oatmeal French Toast Croissant Sandwich Omelet Bar Scrambled Eggs Biscuits, Gravy	Pancakes Eggs to Order Biscuits
BREAKFAST DAILY: Pork bacon, chicken link, hash browns, assorted cold cereals, individual yogurt parfaits, fresh fruits, bread and bagels.							
LUNCH MAIN LINE	Baked Chicken Chicken Gravy Veggie Rice Pilaf Broccoli Garlic Bread	Chicken or Ground Beef Quesadillas Spinach or Whole Wheat Tortilla Peppers and Onions Fiesta Corn Sour Cream Guacamole Pico de Gallo	Pho Bar Beef Strips or Roasted Tofu Beef or Vegetable Broth Rice Noodles Toppings Hot Rolls	Lasagna Tilapia Orzo Green Beans Glazed Carrots	Stir-Fry Bar Beef or Chicken Vegetable Lo-Mein Steamed Rice Steamed Broccoli Stir Fry Vegetables Egg Rolls Hot Rolls	Jambalaya Commanders Shrimp Cheesy Grits Fried Okra Collard Greens, Ham & Onions Corn Muffins	Spinach Chicken Cheese Manicotti Calif. Vegetable Blend Bread Sticks
SOUP		Broccoli Cheddar		Chicken Noodle Soup	Sweet and Sour Soup	Chicken & Sausage Gumbo	
PIZZA		Margarita	Chicken Bacon Ranch	Buffalo Chicken	Cowboy Ranch	Tuscan Chicken with Spinach	
PASTA		Creamy Spinach Tortellini	Spaghetti with Meatballs and Marinara Sauce	Fresh Summer Spaghetti	Chicken Alfredo	Ravioli with Beef Sauce	
Grill and Deli Bar Available Monday-Friday GRILL MADE TO ORDER: Hamburger, cheeseburger, black bean burger, grilled cheese/ham and cheese, crispy chicken sandwich, crispy fish sandwich GRILL GRAB AND GO: French fries, chicken fingers, grilled chicken sandwich, hamburger, cheeseburger DELI BAR: Ham, turkey, roast beef, bacon, tuna salad, chicken salad, cheese (cheddar, provolone, Swiss, pepper jack), various toppings; on sliced bread, tortilla, or croissant LUNCH OFFERED DAILY: Assorted breads/spreads, fresh fruits, beverages, and assorted desserts							
DINNER	Beer Battered Cod Rice Pilaf Green Peas Cornbread	Chicken Enchilada Casserole Spanish Rice Fiesta Corn Hot Rolls	Hamburgers Crispy Chicken Sandwiches Pizza Steak Fries Broccoli	Blackened Chicken Alfredo Fettuccini Pasta Green Beans Bread Sticks	Cube Steak Brown Gravy Wild Rice Pilaf Broccoli Florets Hot Wheat Rolls	Chicken Stir-Fry Brown Rice Sesame Carrots Hot Wheat Rolls	Pot Roast Mashed Potatoes with Brown Gravy Peas and Carrots Hot Rolls
NO DINNER SHORT ORDER/DELI AVAILABLE DINNER OFFERED DAILY: Individual Grab & Go Salads, assorted breads/spreads, fresh fruits, beverages, and assorted desserts							

Menu Subject to Change without Notice